



## Skimming and scanning quiz

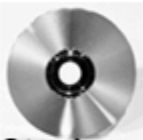
Use this information about the Frimborough County library to answer the questions in the level A and B quizzes:

# SKIMMING & SCANNING

### FRIMSBOROUGH COUNTY LIBRARY.

#### INTRODUCTION

Welcome to Frimborough County Library!  
This information leaflet will tell you about some of the types of books and other resources that you can borrow. Information about other items you can borrow and how many items can be borrowed can be found at the Enquiry Desk.



#### CDS AND CASSETTES:

Music: pop, classical, rock, jazz, blues, street, reggae and operatic.  
Stories: famous works, modern literature, children's stories.



#### VIDEOS

Educational: pre-school, primary and secondary, degree-level, adult.  
Film: recent releases, favourite classics, children's.  
Exercise: for all abilities, pre- and post-natal



#### BOOKS:

Fiction: romantic, horror, science-fiction, adventure.  
Non-fiction: biographies, geography, history, science, travel, languages.

**REMEMBER: APRIL IS LIBRARY MONTH!**  
Find out more on 01997 179179



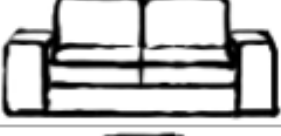


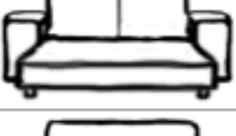
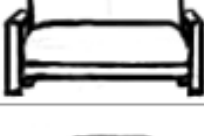



## Skimming and scanning quiz

Use this information about the Karina furniture suite to answer the questions in the level A and B quizzes:

### Karina

A beautiful and generously proportioned suite. 54% polyester, 46% cotton. Foam filled seat cushions. Reversible cushions. Suitable for general domestic use. Home delivery available.

	3 seater sofa. <b>£409.95</b> Size (W) 215, (D) 108, (H) 96cm. Order number 57/402/15
	2 seater sofa. <b>£189.95</b> Size (W) 168, (D) 108, (H) 96cm. Order number 57/404/26
	Large 2 seater sofa. <b>£479.95</b> Size (W) 188, (D) 108, (H) 96cm. Order number 57/404/98
	Armchair. <b>£232.99</b> Size (W) 98, (D) 108, (H) 96cm. Order number 57/406/61
	Large armchair. <b>£209.99</b> Size (W) 118, (D) 108, (H) 96cm. Order number 57/406/02
	Metal-action sofa-bed. <b>£379.95</b> Size (W) 192, (D) 112, (H) 94cm. Order number 57/409/22
	Futon. <b>£359.95</b> Size (W) 158, (D) 102, (H) 88cm. Order number 57/406/11
	Footstool. <b>£59.95</b> Size (W) 75, (D) 75, (H) 75cm. Order number 57/406/72



## Skimming and scanning quiz

Level A

1. Look at the Frimborough County library text to answer this question.

The text is aimed at:

- A) Librarians
- B) Library users
- C) Council workers
- D) School students

2. Look at the Karina furniture suite information to answer this question.

The text is about:

- A) resources at Frimborough County Library
- B) opening times at Frimborough County Library
- C) resources at Rimsborough County Library

Look at the Frimborough County library text to answer the rest of the questions in level A.

3. Information is given about borrowing CDs.

- A) True
- B) False

4. Which category of video isn't listed?

- A) educational
- B) exercise
- C) film
- D) travel

5. A telephone number is provided.

- A) True
- B) False



## Skimming and scanning quiz

6. This text tells you where to get more information about how many items you can borrow from the library.
- A) True
  - B) False
7. Members can also borrow CD-ROMs.
- A) True
  - B) False
  - C) The text doesn't say
8. Which month is 'library month'?
- A) November
  - B) August
  - C) September
  - D) April
9. What is the name of the library?
- A) Frimsborough Town Library
  - B) Frimsborough County Library
  - C) Frimsborough Village Library
  - D) Framborough District Library
10. What type of text is this text?
- A) informative
  - B) descriptive
  - C) persuasive
  - D) instructive



## Skimming and scanning quiz

Level B

Look at the Karina furniture suite information text to answer the questions in this level.

1. The text is aimed at:
  - A) People who are selling furniture
  - B) People who want to buy furniture
  - C) Karina
  
2. The suite is made of:
  - A) 50% polyester, 50% cotton.
  - B) 49% polyester, 51% cotton.
  - C) 54% polyester, 46% cotton.
  - D) 46% polyester, 54% cotton.
  
3. Does the catalogue company offer a home delivery service?
  - A) Yes. It costs £100.00.
  - B) Yes. Delivery is free.
  - C) There is no delivery service offered.
  - D) Yes, but the cost of the service is unknown.
  
4. The large armchair costs £232.99.
  - A) True
  - B) False
  
5. How much does the 3 seater sofa cost?
  - A) £479.95
  - B) £409.95
  - C) £359.95
  - D) £232.99
  
6. For what type of use is the Karina range designed / made?
  - A) heavy domestic use
  - B) general domestic use
  - C) light domestic use
  - D) commercial use



## Skimming and scanning quiz

7. The futon costs more than the armchair.
- A) True
  - B) False
8. How much does the smallest piece of furniture cost?
- A) £59.95
  - B) £69.99
  - C) £79.99
  - D) £189.95
9. The metal-action sofa-bed is wider than the 2 seater sofa.
- A) True
  - B) False
10. How many pieces of furniture cost more than £350?
- A) 1
  - B) 2
  - C) 3
  - D) 4



## Skimming and scanning quiz

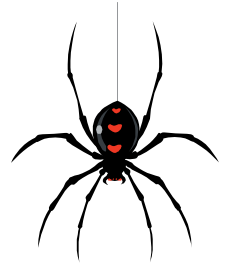
Level C

Look at this text and then answer the next ten questions:

### PHOBIAS

#### What is a phobia?

A phobia is an intense fear or feeling of anxiety that occurs only in a particular situation that frightens you.



This might be something as seemingly logical as a fear of heights, or as illogical as a fear of the colour green. At other times you don't feel anxious. For example, if you have a phobia of spiders (as millions of people do), you only feel anxious when there's a spider around, otherwise you feel fine.

About one in ten people has a significant phobia, although few people seek treatment.

People develop phobias to all sorts of things. Each phobia has its own name. Some (of a very long list) include:

- Musophobia – fear of mice
- Peladophobia – fear of bald people
- Amathophobia – fear of dust
- Pnigophobia – fear of choking or smothering
- Maieusiophobia – fear of childbirth
- Homichlophobia – fear of fog
- Arachibutyrophobia – fear of peanut butter sticking to the roof of the mouth

Phobias make people avoid situations they know will make them anxious, but this can make the phobia worse. A person's life can become increasingly dominated by the precautions they take to avoid a situation they fear. You may know there's no real danger and you may feel embarrassed by your fear, but you're still unable to control it. It's better to confront your fears, even if it's in a very careful way or with the help of a trained therapist.

A phobia is more likely to go away if it began after a distressing or traumatic event.

#### What's the treatment?

Cognitive behavioural therapy – a 'talking treatment' where you learn all about the thing or situation you are scared of and how to change your behaviour – has a high success rate in phobias. Your GP can refer you.

(from BBC website [http://www.bbc.co.uk/health/emotional\\_health/mental\\_health/mind\\_phobias.shtml](http://www.bbc.co.uk/health/emotional_health/mental_health/mind_phobias.shtml))



## Skimming and scanning quiz

1. The purpose of the text is to ...
  - A) give information about phobias
  - B) give instructions for people with phobias
  - C) persuade people with phobias to seek help
  
2. A phobia ...
  - A) happens to everyone when they are frightened
  - B) happens only in certain situations
  - C) only happens to people who are anxious
  
3. Phobias ...
  - A) are logical
  - B) are not logical
  - C) can be logical or not logical
  
4. The number of people who have phobias is ...
  - A) five out of ten people
  - B) ten people
  - C) 10 percent of the population
  
5. Peladophobia is ...
  - A) fear of bald people
  - B) fear of dust
  - C) fear of fog
  
6. The writer advises people with phobias to ...
  - A) consult a psychotherapist
  - B) avoid situations that make them anxious
  - C) confront the fear rather than avoid it
  
7. Which of these phobias is not mentioned in the text?
  - A) Arachibutyrophobia
  - B) Arachnophobia
  - C) Amathophobia





## Skimming and scanning quiz

8. Cognitive Behavioural Therapy is ...
- A) a recommended treatment for phobias
  - B) not a recommended treatment for phobias
  - C) is a recommended treatment for some phobias
9. This text might be found under which heading on the BBC website?
- A) Physical health
  - B) Mental health
  - C) You and your therapist
10. What is the main message of this article?
- A) Some people have phobias and live in fear of certain things.
  - B) If you have a phobia you should see a therapist.
  - C) What a phobia is and how to treat it.



## Skimming and scanning quiz

Answers

Level A

1. The text is aimed at ...

The correct answer is: B. The text is aimed at all library users. It doesn't mention any particular groups.

2. The text is about ...

The correct answer is: A. This text is all about resources at Frimborough County Library.

3. Information is given about borrowing CDs.

The correct answer is: A. This statement is true, the text does give information about the type of CDs that are available for borrowing.

4. Which category of video isn't listed?

The correct answer is: D. The answer is that 'travel' isn't listed.

5. A telephone number is provided.

The correct answer is: A. This is true, there is a telephone number at the bottom of the text.

6. This text tells you where to get more information about how many items you can borrow from the library.

The correct answer is: A. The answer is that this text does tell you where to get this information. It advises you to go to the enquiry desk in the library.



## Skimming and scanning quiz

7. Members can also borrow CD-ROMs.

The correct answer is: C. The text doesn't say. Library users can borrow music and story CDs, but the text doesn't mention CD-ROMs. In the first paragraph, however, it does say that there are 'other items you can borrow'; these might be CD-ROMs.

8. Which month is 'library month'?

The correct answer is: D. The answer is April.

9. What is the name of the library?

The correct answer is: B. The library is called Frimborough County Library.

10. What type of text is the text?

The correct answer is: A. The answer is informative. Informative texts advise or tell you about something factual.



## Skimming and scanning quiz

Level B

1. The text is aimed at:

The correct answer is: B. This text is aimed at people who want to buy furniture.

2. The suite is made of:

The correct answer is: C. The answer is 54% polyester, 46% cotton.

3. Does the catalogue company offer a home delivery service?

The correct answer is: D. The answer is yes, but the cost of the service is unknown

4. The large armchair costs £232.99.

The correct answer is: B. The answer is false because the large armchair costs £209.99.

5. How much does the 3 seater sofa cost?

The correct answer is: B. The answer is that the 3 seater sofa costs £409.95.

6. For what type of use is the Karina range designed / made?

The correct answer is: B. The answer is general domestic use.

7. The futon costs more that the armchair.

The correct answer is: A. The answer is true because the futon costs £126.96 more than the armchair.



## Skimming and scanning quiz

8. How much does the smallest piece of furniture cost?

The correct answer is: A. The footstool is the smallest piece of furniture and costs £59.95.

9. The metal-action sofa-bed is wider than the 2 seater sofa.

The correct answer is: A. The answer is true because the sofa-bed is an extra 24cm wider than the sofa.

10. How many pieces of furniture cost more than £350?

The correct answer is: D. The answer is that 4 pieces of furniture cost more than £350.

***Practise your skills***

How to read texts |  
Types of reading | Skim  
reading | Skimming  
practice 1  
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## Skimming and scanning quiz

Level C

1. The purpose of the text is to ...

The correct answer is: A. The purpose of this text is to give information about phobias. It is an informative text.

2. A phobia ...

The correct answer is: B. The answer is that a phobia happens 'only in a particular situation that frightens you', so only in certain situations.

3. Phobias ...

The correct answer is: C. The answer is that phobias can be about logical things (such as a fear of heights), or illogical things (such as a fear of the colour green).

4. The number of people who have phobias ...

The correct answer is: C. The text says that 'About one in ten people has a significant phobia'. One in ten is the same as 10 percent.

5. Peladophobia is ...

The correct answer is: A. The answer is that peladophobia is a fear of bald people.

6. The writer advises people with phobias to ...

The correct answer is: C. The answer is that people with phobias are advised to 'confront your fears, even if it's in a very careful way or with the help of a trained therapist.' They do not have to do this with a therapist, although it suggests that might be helpful.



## Skimming and scanning quiz

7. Which of these phobias is not mentioned in the text?

The correct answer is: B. The answer is arachnophobia (a fear of spiders). It is not mentioned by name in the text.

8. Cognitive Behavioural Therapy is ...

The correct answer is: A. The answer is Cognitive Behavioural Therapy is said to have a high success rate in phobias. So it might be recommended for any phobia.

9. This text might be found under which heading on the BBC website?

The correct answer is: B. The answer is that a phobia is a mental health issue as it causes fear and anxiety.

10. What is the main message of the article?

The correct answer is: C. The main message of the article is to give information about what a phobia is and how to treat it.