

GOVERNMENT ARTS COLLEGE (AUTONOMOUS) COIMBATORE -641 018

Format For Teacher Appraisal Reports

(Source : UGC)

PERFORMANCE APPRAISAL REPORT

i) General information:-

- a) Name : Dr. S. PADMASUNDARI
- b) Address (Residential) : 89/45, Visalatchi Womens Hostel,
Government Arts College Road,
Coimbatore-641018
Mobile no. : 9003799836
- c) Designation : Assistant Professor
- d) Department : PSYCHOLOGY
- e) Date of Birth : 05-06-1965
- f) Area of Specialization : Adolescents Psychology and Abnormal Psychology



Academic Qualifications

Exam passed	Subjects	Board/University	Year	Division/Grade
High School	STATE BOARD Tamil, English, Maths, Science & Social Science	Board of Secondary Education	1980	III class
Higher Secondary	STATE BOARD Homescience and Biology	Board of Higher Secondary Education	1982	II Class
Bachelor's Degree(s)	B.Sc Zoology	Bharathidasan University, Tiruchira palli	1982-1985	II class
Master's Degree(s)	M.A. Psychology	Annamalai University, Chidambaram.	1986-1988	I class

ii). Research Experience & Training

Research Stage	Title of work/Thesis	University where the work was carried out
M.Phil. or Equivalent	Adjustment and Value Orientation in Relation to Birth Order	Annamalai University, Chidambaram
Ph.D.	A Psychological Study on Adolescents Problems	Annamalai University, Chidambaram
Post-Doctoral	NIL	
Publications	Appendix - A	
Research Guidance	Appendix – B Ph.D. – Research is ongoing, not yet completed	Annamalai University, Chidambaram

C. Seminars, Conferences, Symposia, Workshops etc. attended:

Name of the Seminar/Conference/Symposia Workshop, etc.	Name of the Sponsoring Agency	Place and Date
Please Refer Appendix - C		

iii). Teaching Experience:

Courses Taught	Name of University/College/Institution	Duration
i) U.G.	1. Annamalai University, Chidambaram	1. 10 years
	2. Government Arts College, Coimbatore	2. 3 years
ii). PG	1. Annamalai University, Chidambaram	1. 10 years
	2. Government Arts College, Coimbatore	2. 3 years

iii). M.Phil.	1. Annamalai University, Chidambaram	1. 6 years
iv). Ph.D.	Annamalai University, Chidambaram	4 years

Total Teaching experience (in years and months)

a) Under-Graduate : 11 years

b) Post-Graduate : 11 years

iv). Innovations/Contributions in Teaching:-

a	Design of curriculum	Board of Studies member in Annamalai University, Chidambaram and Advisory Board Member in Annamalai University, Chidambaram
b	Teaching methods	Lecturing, educational quiz, group discussions, seminars. Teaching through A/V aids, Model Counselling sessions, Role Playing
c	Laboratory experiments	Administration and interpretation of Psychological testing materials
d	Evaluation methods	Tests, seminars, quiz, problem solving experiments, Paper presentation, Attentiveness of the student is periodically watched, Problem solving Exercises, Projects.
e	Preparation of resource material including books, reading materials, laboratory manuals etc.	<ol style="list-style-type: none"> 1. Mainly prescribed text books 2. Consultation with senior professors 3. Journals and magazines (manual and online) 4. Internet, Magazines, News papers
f	Remedial Teaching/Student Counselling (academic)	Memory improvement techniques, identifying students' problems, helping them in solving problems, personal and family counseling, marital and educational counselling.
g	Any other	Periodical counselling and psychological testing to students of the department/college in the Guidance and Counselling center.

v).Extension Work/Community Service:-

a	Please give a short account of your contribution to:	
i	Community work such as values of National integrat humanism, Peace, scientific temper, flood or Drought relief, small family norms, etc.	Creating awareness about the basic values, Interpersonal skills, social skills and prosocial behaviour among students and members in the community
ii	Community Visit (Rural Areas)	<ul style="list-style-type: none"> • Conducting relaxation training, memory improvement, stress management and communication skills programmes for school and college students. • Providing stress management, memory improvement and youth counselling programmes in colleges, and Schools. • Providing one-on-one and group counselling for students and general community. • Involved in anti-drug abuse awareness campaign for nearby villages in Chidambaram
b	Positions held/Leadership role played in organisations linked with Extension Work and National Service Scheme (NSS) or (NCC) or any other similar activity.	

D. Participation in Corporate Life:-

Please give a short account of your contribution to:

a	College/University/Institution	Helping the HOD in the Departmental activities, Maintaining Discipline in the campus, Motivating the Students to join all the extracurricular activities.
b	Co-curricular Activities	Helping the final year Clinical Psychology Students in

		Department of Psychology, Annamalai University for conducting Study Tour. conducting seminars and workshops to create awareness on Psychological aspects in daily life.
c	Enrichment of Campus Life (hostels, sports, games, cultural activities)	Helping/assisting the Principal, HOD, Colleagues and students to enrich the campus life.
d	Students welfare and Discipline	Periodical counselling to the students, their Parents and family members in the Guidance and Counselling center.
e	Membership/Participation in Bodies/ Committees on Education and National Development	Member- Board of studies, Syllabus framing, External and Internal examiner in Theory & Practical examinations.
f	Professional Organization of Teachers	Annamalai University Deputed Teachers Welfare Association (AUDTWA)

E.

a). Members of professional bodies, societies etc.: Life member of the Indian Science Congress Association, Kolkata. Membership No. L21831.

b). Editorship of journals

F. Any other information

(Signature of the Teacher)

a	Number of students (M.Phil./Ph.D.)		
	At the Beginning of the year	Registered during the year	Completed during the year
M.Phil.			
Ph.D.			

a	No. of research papers published (Please enclose list)	Please Refer Annexure-A	
b	Research Projects		
	Title of the project	Name of the funding agency	Duration
c	Details of seminars, conferences, Symposia organized.		
d	Patents taken, if any. Give a brief description		
e	Membership of Professional Bodies, Editorship of Journals etc.		1

F. Extension Work/Community Service:

a	Please give a short account of your contribution to	
i	Community work such as values of national integration, secularism, democracy, socialism, humanism, peace, scientific temper, flood or drought relief, small family norms etc.	Creating awareness about the basic values, interpersonal skills, social skills and prosocial behaviour among students and members of the community.
ii	Community Visit:	Creating awareness about the importance and value of literacy.
b		

APPENDIX – A

i) Research Experience & Training: List of Publications

I. Publications (International / National):

- Published a Journal entitled, “The Role of Gender on Adolescents Problems” in Online *International Journal of Arts and Education*, Vol,2, issue-1, Pp-1-2. ISSN: 2249-9024, Jan -2012.
- Published a Journal entitled, “Impact of Place of Living on Adolescents Problems, Depression and Self- Concept” in Online *International Journal of Current Life Sciences*, Vol,2, issue-9, Pp-48-50. ISSN: 2249-1465, Sep -2012.

APPENDIX-B

ii) Research Experience & Training: Research Guidance

I. M.Phil. (Psychology)

S.No.	Name of the Scholar	Year	FT/PT	University	Pursuing/Completed/ Awaiting for Viva
1.	M. TENAH Reg. No. 12420	2014	Full Time	Annamalai University	Completed
2.	D. Mahalakshmi Reg.No. 11476	2012	Full Time	Annamalai University	Discontinued

II. Ph.D. (Psychology)

S.No.	Name of the Scholar	Year	FT/PT	University	Pursuing/Completed/ Awaiting for Viva
1.	Mr. Johny E.V	2018	PT	Annamalai University	Pursuing
2.	Mr.K.B. Srinivasarenggan	2018	PT	Annamalai University	Pursuing
3.	Mr. E. Arul Joseph	2018	FT	Annamalai University	Pursuing

APPENDIX – C

C. Seminars, Conferences, Symposia, Workshops, etc. attended:

ORIENTATION COURSES:

Participated in the **97th Orientation Course** at UGC-Academic Staff College, Pondicherry University, Pondicherry on **20.5.2009 – 16.6.2009**.

REFRESHER COURSES:

Participated in the **Refresher Course In Research Methodology (Md)*** at UGC-Academic Staff College, Pondicherry University, Pondicherry on **16.05.2012 – 05.06.2012**.

LIST OF PAPER PRESENTATION:

International Seminar

1. Participated and presented a paper on “**Symptoms of Anxiety in Higher Secondary School Students During Exams**” in the International Seminar on “Trends In Clinical Psychology” organized by the Department of Psychology, Annamalai University on 14th and 15th March, 2018.
2. Participated in the International Conference on “Values & ‘spirituality for overcoming Challenges” organized by Rajyoga Education & Research Foundation (Education Wing), Brahma Kumaris, Mount Abu , Annamalai University on 8th & 9th June 2019.

National Seminar .

1. Presented paper on “**Value Orientation And Adjustment Problems of College Students**” at department of Psychology DDE Wing, Annamalai University on 31st March and 1st April 2008.
2. Participated in the National Seminar on “**Counselling Needs in Indian Context**” at Department of Psychology, DDE Wing, Annamalai University on 20 & 21 of March 2009.
3. Presented a paper on “**Adjustment of Adolescents in Relation To Their Birth Order**” at Department of Psychology DDE Wing, Annamalai University on 20th and 21st of March 2009.

4. Presented a paper on **“A Study of Depression Among College Students”** at Pondicherry Psychology Association on 27-28 January 2012.
5. Presented a paper on **“The Psychological Morbidity Between Wives of Alcoholics And Non Alcoholics”** at Department of Psychology, Annamalai University on 2nd and 3rd March 2012.
6. Participated and presented a paper on **“Prevalence of Internet addiction among college students of Tamil nadu and Kerala”** in the two days National Seminar on **“Psychology- Global Issues and Management Strategies”** at Department of Psychology, Annamalai University on 15th & 16th of February 2013.
7. Participated and presented a paper on **“The Relationship between Study Habit and Social Maturity among High School Students”** in the 15th National Conference on **“Emerging Trends in Educational and School Psychology”** organized by the Pondicherry Psychology Association at Pondicherry on 1st & 2nd of March, 2013.
8. Participated and Co-author a paper on **“The Study of Suicide in relation to Family Environment”** and also acted as Organizing Secretary Organized by the Department of Psychology Annamalai University on 21st and 22nd March 2014.
9. Participated in the people’s Participation, Development of Local water resources and Eco- Environment for Sustainable Rural Development, organized by the Centre for Rural Development, Annamalai University on 5th and 6th March 2015.
10. Participated and Presented a paper on **“Suicide Behaviour on Life style Pattern”** in the UGC seminar on **“Environmental Challenges: Issues and Strategies”** organized by Department of Sociology, Annamalai University, Annamalainagar on February 11&12, 2016.

WORKSHOP:

1. . Participated in the **3 days** UGC – sponsored workshop on **“Psycho- Diagnostics And Psychotherapeutics”** at Department of Psychology, Annamalai University on **28th, 29th February & 1st March 2008.**
2. Participated in the **2 days** TANSCHÉ sponsored workshop on **“Current Issues In Practicing Psychology”** at Department of psychology, Annamalai University on **20th and 21st October, 2008.**
3. Participated in the **2 days** UGC- sponsored workshop on **“Identification & Management Of Childhood Disorders”** at Department of Psychology, Annamalai University on **23rd & 24th February, 2009.**

4. Participated in the **4 days XIX Inter-Disciplinary Research Methodology Workshop** at Department of Economics, Annamalai University on **9th – 12th March 2009**.
5. Participated in the **2days UGC – sponsored workshop on “Neuro Psychological Assessment And Rehabilitation”** at Department of Psychology, Annamalai University on **12th – 13th February 2010**.
6. Participated in the **2 days UGC- sponsored workshop on Research Methodology** at Academic Staff College , Pondicherry University on **28th and 29th October 2010**.
7. Participated in the **6 days** workshop on **“Awareness And Training For Speech And Language Disabilities”** at Department of Linguistics, Annamalai University on **7th -12th February 2011**.
8. Participated in the **2 days** workshop on **“Counselling Skills”** at Department of Psychology, Annamalai University on **24th and 25th February 2011**.
9. Participated in the 3 days workshop on **“Positive Attitude And Constructive Thinking” (Pact)** At Department of Physical Education, Annamalai University on **13th- 15th September 2012**.
10. Participated in the two days UGC – SAP National workshop on **“Application of Qualitative Indicators for the Exvellence of Scholarly Communication” (AQIESC) 2013** at Department of Library and Information Science, Annamalai University on **8th and 9th March 2013**.
11. Participated in the one day training Programme on **“Human Rights for Transgender Community”** Organized by Political Science and Public Administration Wing- DDE on **11th August 2014**.
12. Participated in the One day National Workshop on **“ Style Manuals in Research”** conducted by the Library and Information Science Wing, Directorate of Distance Education at LIBRA Hall, University Library, Annamalai University, Annamalainagar on **22nd August, 2015**.
13. Participation in the one day Academic Convention **“Internet Addiction, Brain& Cyber Psychology”** Organized by the Department of Psychology, Sree Saraswathi Thyagaraja College, Pollachi Road, Coimbatore, on **August 23, 2016**.

14. Participated in the National Workshop on “Neuro- Linguistic Programmin (NLP) organized by the Department of Psychology, Holy Cross College, Tiruchirappalli, on 3rd & 4th October, 2018.

STAFF TRAINING AND DEVELOPMENT CENTRE

1. .Participated in IQAC sponsored two days training programme on “**Dr. Kalam’s way of teaching for Today’s Students- Vision to Mission**” organized by the Department of Commerce, Annamalai University, Annamalai Nagar on 20 &21 January, 2016.
2. Participated in IQAC Sponsored two days Faculty Training Programme on “**Education and Training for Empowerment of Women**” organized by the Department of Economics, Annamalai University, Annamalainagar on 2 & 3 February, 2016.
3. Participated in IQAC Sponsored two days Training Programme on “**Leadership Quality for Faculty**” organized by Business Administration Wing in association with staff Training Development Centre (STDC) and Internal Quality Assurance Cell (IQAC) Annamalai University, Annamalainagar on 10th February, 2016.

Short Term Course

1. .Participated in the UGC Sponsored one week Multi-Disciplinary National Workshop on “**Human Rights: Education, Teaching and Training**” organized by Political Science & Public Administration Wing, DDE, Annamalai University, Annamalainagar held during 2nd to 8th March, 2017.
2. Participated in the Short Term Course on “Prospects of Techno- Pedagogy In Teaching” conducted by the Faculty of Education, Annamalai University from 10.12.2018 to 23.12.2018 and obtained A grade.